**MAYDAY CALL PROCEDURE: CHANNEL 16, POWER 25w**

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| **Mayday, mayday, mayday**  **This is (insert name of vessel) X3**  **Call sign**  **MMSI**  **Mayday**  **Name of vessel**  **Call sign**  **MMSI**  **My position is (Lat/Long)**  **On (date)**  **At (time – UTC)**  **Describe problem**  **I require immediate assistance**  **There are X people on board. All are wearing life jackets.**  **Describe your vessel**  **Over** |
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| **You may print this card, laminate it, and stick it in a prominent position, such as a bulkhead next to your radio. Before printing, it is recommended that you insert the name of your vessel, your call sign (using the phonetic alphabet), and your MMSI. When giving your position, use the words “zero” and “decimal” as appropriate, for example:**  **Three zero degrees, four two decimal eight minutes north, four degrees, three four decimal two minutes west**  **OR give your position in relation to a known point, for example:**  **Two miles south-west of Black Rock** |